



FEDERATA E BASKETBOLLIT TË KOSOVËS
KOSOVO BASKETBALL FEDERATION
KOŠARKAŠKI SAVEZ KOSOVA

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REGULATION ON ANTI-DOPING IN BASKETBALL

Prishtina, 03.10.2022

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Pursuant to Article 23 of the Statute of the Kosovo Basketball Federation, the FBK Board, on 03.10.2022, in Prishtina, endorses the following:

REGULATION ON ANTI-DOPING IN BASKETBALL

ARTICLE 1 - PURPOSE OF THE REGULATION

1. All athletes have the right to compete in a sport, always based on the fact that they and their competitors must be clean. We believe in clean sport, and work in partnership with the Kosovo Anti-Doping Agency (KosADA) and the International Basketball Federation (FIBA) to ensure that the integrity of our sport is protected.
2. Anti-doping rules represent the consensus of a broad spectrum of stakeholders throughout the world as to what is necessary to protect and ensure fair sport.
3. Anti-doping programs are founded on the intrinsic value of sport, often referred to as 'the spirit of sport', i.e., the ethical pursuit of human excellence through the dedicated perfection of each Athlete's natural talents.
4. By protecting the health of athletes, anti-doping programs seek to maintain the integrity of sport in terms of respect for rules, other competitors, fair competition, a level playing field, and the value of clean sport to the world.

ARTICLE 2 - SCOPE OF ACTIVITY

The provisions of this Regulation are implemented by the Kosovo Basketball Federation, its member basketball clubs and members of the KBF.

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ARTICLE 3 - ANTI-DOPING RULES

1. The Kosovo Basketball Federation (KBF) has decided to integrate a series of anti-doping rules that must be adhered to by all athletes and supporters of athletes.

2. The anti-doping rules for the KBF are in accordance with the World Anti-Doping Code (the Code), a paper that harmonizes anti-doping policies, rules and regulations within sport globally, as well as the FIBA Internal Rules on Anti-Doping, which is considered an integral part of this KBF Regulation:

<https://www.fiba.basketball/internal-regulations/book4/anti-doping.pdf>.

3. FBK recognizes the competence and responsibilities of KosADA for the implementation of the National Anti-Doping Program of Kosovo and therefore the Anti-Doping Rules of the KBF are the rules published by KosADA (or the successor of this agency), which may be amended from time to time, when necessary.

4. Regardless of the level of competition they participate in, all KBF members (basketball clubs, national teams, basketball schools, athletes, coaches, referees, observers, etc.) must respect these rules.

5. The Anti-Doping Rules of Kosovo can be found in the following link:

https://www.noc-kosovo.org/repository/docs/rregullat_kombetare_antidoping_kosada.pdf.

6. In anti-doping, athletes are responsible for their actions: including what they eat and drink. This is known as the principle of "strict liability".

7. Athletes may be subject to testing at any time, in any place.

8. Failure to adhere to the values of fair sport or the Anti-Doping Rules means serious consequences for your future or your sports career.

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9. Athletes are responsible to ensure that anything they consume, namely what they eat or drink, is free of any prohibited substances. Developing good habits for clean sport will help the future of the sport.

10. Athletes and their supervisors must fully understand the Anti-Doping Rules, the consequences of non-compliance with these rules and the values of fair sport.

11. All athletes who prepare or participate in a competition or activity authorized or organized by the KBF or one of its member organizations, and all Athlete Support Personnel, must recognize the obligations arising from the Regulation, and are subject to the jurisdiction of Results Management and KosADA competency as a condition of such participation.

12. Regardless of the signing of this agreement, all athletes, athlete support personnel and other persons under the jurisdiction of the KBF must be subjected to these Rules.

ARTICLE 4 - ADDITIONAL ROLES AND RESPONSIBILITIES OF THE KBF

1. The KBF undertakes appropriate action to enforce compliance with the Code, International Standards (standards approved by WADA in addition to the Code), and the FIBA Anti-Doping Internal Rules, by *inter alia*:

1.1. Conducting Testing only under the documented authority of FIBA and through KosADA or other Sample collection authority in compliance with International Standards for Testing and Investigations;

1.2. Recognizing the authority of KosADA and, and as appropriate, assisting with the implementation of the national testing program;

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1.3. Analysing all samples collected using WADA-accredited or WADA-approved laboratory in accordance with Article 6.1 of the FIBA Anti-Doping Internal Rules;

1.4. Ensuring that any case of national anti-doping rule violation discovered by the KBF will be adjudicated by an independent hearing panel in accordance with Article 8.1 of the FIBA Anti-Doping Internal Rules and the International Standards for Results Management;

1.5. Establishing disciplinary rules to prevent Athlete Support Personnel who are Using Prohibited Substances or Prohibited Methods without valid justification from providing support to athletes under the authority of FIBA or FBK.

ARTICLE 5- THE WORLD ANTI-DOPING CODE 2021

1. As of January the 1st, 2021, a new version of the Code is in force and it is important that all athletes and supporters of athletes are aware of how this affects them.

2. For more information on the amendments of the 2021 Code, please visit the World Anti-Doping Code website: <https://www.wada-ama.org/en/resources/world-anti-doping-program/world-anti-doping-code>.

3. Under the 2021 Code, an athlete may be classified as "International Level", "National Level" or "Recreational Athlete" based on their level of competition. Information about various categories is available at the above link.

ARTICLE 6 - VIOLATIONS OF ANTI-DOPING RULES

Violation of anti-doping rules can result in a ban from all sports. The Code describes Anti-Doping Violations of Rules (ADVR). Athletes and their supporters must ensure that they are fully aware of these violations and the consequences of their violation.

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ARTICLE 7 - KEY TIPS FOR CLEAN SPORT

1. An athlete is responsible for anything found in their system, regardless of how it got there or if there is any intent to cheat. All athletes and their supporters should be made aware of the risk so that they do not receive an unintentional ban from the sport.
2. For more education information visit:
 - 2.1. FIBA anti-doping education program is found in the following link:
<https://www.fiba.basketball/anti-doping/anti-doping-education;>
 - 2.2. List of Prohibited Substances and Methods of the World Anti-Doping Association (WADA) via the link:
<https://www.fiba.basketball/anti-doping;> and
 - 2.3. WADA's E-Learning platform through the following link:
[https://adel.wada-ama.org/learn.](https://adel.wada-ama.org/learn)

ARTICLE 8 - PROHIBITED LIST

1. All prohibited substances and methods in sport in accordance with the Code are described in the Prohibited List.
2. The Prohibited List is managed and coordinated by WADA, and the current one can be found on the WADA website below:
[https://www.wada-ama.org/en/news/wada-publishes-2022-prohibited-list.](https://www.wada-ama.org/en/news/wada-publishes-2022-prohibited-list)
3. The list is updated annually, entering into force on January the 1st. It is possible for WADA to make changes to the List more than once a year, but they must communicate these changes three months before they come into force.

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4. Given that the list is updated annually, athletes and their supporters should ensure that they check it before it comes into effect.

ARTICLE 9 - CONTROL OF MEDICAMENTS

1. Before taking any medication (whether from a doctor or bought without a prescription), athletes should check to make sure it does not contain any prohibited substances.
2. Medications (what they contain or brand name) can be checked online at <https://www.globaldro.com/search>.
3. It is important to note that the medicaments purchased in one country may contain different ingredients of the same brand medicine in another country.

ARTICLE 10 - USE OF NUTRITIONAL SUPPLEMENTS

1. WADA always advises a cautious nutritional approach to nutrition, as there is no guarantee that any supplement product is free of banned substances.
2. Athletes can support their training and progress towards their goals by eating and enjoying nutritious food.
3. With a little planning, it is possible to eat a delicious and healthy diet consisting of a variety of food types at the right times and in the right amounts.
4. Athletes should assess the need, risks, and consequences before deciding to take a supplement and whether to use one.
5. You can check whether the supplements have been tested on the following website: <https://sport.wetestyourtrust.com/>.

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ARTICLE 11 - THERAPEUTIC USE EXEMPTION (TUE) APPLICATION

1. If an athlete with a legitimate medical condition must use a prohibited substance or method, they will need to apply for a **Therapeutic Use Exemption (TUE)**. This is only accepted if there are no other approved medications or treatments that can be used and there is a strict and detailed process to determine this.
2. Athletes can learn more about the TUE process on the website: <https://www.wada-ama.org/en/athletes-support-personnel/therapeutic-use-exemptions-tues>.
3. Athletes who are involved in a FIBA international competition must follow the FIBA TUE process. For more information please check <https://www.fiba.basketball/anti-doping/tue>.

ARTICLE 12 - WHAT HAPPENS IN A TEST?

Athletes should feel prepared and know their rights and responsibilities when they are notified to be tested by an official or doping control official. Check the video below on the testing process from start to finish: https://www.youtube.com/ëatch?v=XzOnQBK_YZo

ARTICLE 13 - PROTECT YOUR SPORT

1. Safeguarding fair sport depends on everyone playing their part, athletes, coaches or parents - whether they are playing and are at the centre of attention or behind the curtains.
2. If you believe that there is something wrong, no matter how small the error may be, you can contact the following email address **spocperson@basketbolli.com** and KBF guarantees you that your identity will be kept 100% confidential.
3. You can also report to FIBA, more specifically FIBA Confidential Reporting: <https://www.fiba.basketball/integrity>.

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FIBA's updates: <https://www.fiba.basketball/anti-doping/for-players>.

ARTICLE 14 - COOPERATION WITH FIBA

KBF will cooperate and support FIBA in this process, and will recognize, respect, and implement decisions made in accordance with FIBA's Internal Rules on Anti-Doping, including decisions imposing sanctions on persons under their authority.

ARTICLE 15 - REPORTING

FBK will report to FIBA and KosADA any information suggesting or relating to an anti-doping rule violation and will cooperate with investigations conducted by any Anti-Doping Organization authorized to conduct investigations.

ARTICLE 16 - AWARENESS

KBF, in coordination with KosADA, will conduct anti-doping Education anti-doping.

ARTICLE 17 - IMPLEMENTATION

1. The provisions of this Regulation are implemented by the Kosovo Basketball Federation, the clubs and members of the KBF.
2. The provisions of this Regulation may also be enforced directly by FIBA in respect of Athletes (including national level athletes) and other persons under their anti-doping authority as specified in the Introduction of the FIBA Internal Rules relating to Anti-Doping (Section 'Scope of these Anti-Doping Rules').

ARTICLE 18 - FINAL PROVISIONS

1. The Regulation comes into effect on the day of its approval by the KBF Executive Board.

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2. Amendments and modifications to this Regulation are proposed by the General Secretary, which are approved by the KBF Board.

On behalf of the Executive Board of the KBF,

Arben **FETAHU**
President



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